



# April 2016

## Estrella High School 9-12

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Blueberry Yogurt w/ WG Granola Fruit 100% Fruit Juice	5 WG Frosted Strawberry Pop Tart Fruit 100% Fruit Juice	6 WG Sausage & Pancake Wrap Fruit 100% Fruit Juice	7 WG Lucky Charms Cereal & Cheese Stick Fruit 100% Fruit Juice	1 NO BREAKFAST SERVICE
11 Strawberry Yogurt w/ WG Granola Fruit 100% Fruit Juice	12 WG Apple Cinnamon Muffin Fruit 100% Fruit Juice	13 WG Breakfast Burrito Fruit 100% Fruit Juice	14 Golden Grahams Cereal & Cheese Stick Fruit 100% Fruit Juice	15 NO BREAKFAST SERVICE
18 Vanilla Yogurt w/ WG Granola Fruit 100% Fruit Juice	19 WG Frosted Strawberry Pop Tart Fruit 100% Fruit Juice	20 WG Sausage & Pancake Wrap Fruit 100% Fruit Juice	21 WG Lucky Charms Cereal & Cheese Stick Fruit 100% Fruit Juice	22 NO BREAKFAST SERVICE
25 Strawberry Yogurt w/ WG Granola Fruit 100% Fruit Juice	26 WG Apple Cinnamon Muffin Fruit 100% Fruit Juice	27 WG Breakfast Burrito Fruit 100% Fruit Juice	28 Golden Grahams Cereal & Cheese Stick Fruit 100% Fruit Juice	29 NO BREAKFAST SERVICE

\* This institution is an equal opportunity provider and employer.  
 \* Menus are subject to change based on product availability.  
 \* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk



# April 2016

## Estrella High School 9-12

### LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>* Turkey Subs offered daily</b></p> <p>4 * Beef, Bean &amp; Cheese Nachos * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Apple</p>	<p>5 * Chicken Salad Sandwich * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Ranch Carrot Sticks &amp; Pear</p>	<p>6 * Mozzarella &amp; Garlic Cheesy Pull-Aparts * Buffalo Chicken Shaker Salad w/ WG Goldfish</p>	<p>7 * Orange Chicken Bowl w/ WG Rice * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Celery Sticks &amp; Sliced Peaches</p>	<p>1 * Beef &amp; Cheese Taco Snack * Cobb-Ilicious Shaker Salad w/ WG Goldfish - w/ Refried Beans &amp; Mixed Fruit</p>
<p>11 * Grilled Cheese Sandwich * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Chili Lime Carrot Sticks &amp; Blue Raspberry Frozen 100% Juice Cup</p>	<p>12 * Penne Pasta w/ Meat Sauce * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Cucumber Wedges &amp; Pineapple Tidbits</p>	<p>13 * Sardella's Pepperoni Pizza * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad &amp; 100% Fruit Punch</p>	<p>14 * Hot Ham &amp; Cheese * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Jicama &amp; Spiced Apples</p>	<p>15 * Beef &amp; Cheese Taco Snack * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Refried Beans &amp; Grapes</p>
<p>18 * Spicy Honey Chicken Bowl w/ WG Rice * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Celery Sticks &amp; Applesauce</p>	<p>19 * Hero Sub * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Ranch Carrot Sticks &amp; Cherry/Blue Raspberry Frozen 100% Juice Cup</p>	<p>20 * Mozzarella &amp; Garlic Cheesy Pull-Aparts * Buffalo Chicken Shaker Salad w/ WG Goldfish</p>	<p>21 * Chicken Corn Dog * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Ranch Beans &amp; Peaches &amp; Strawberries</p>	<p>22 * Popcorn Chicken &amp; Tots * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Gala Apple</p>
<p>25 * Soft Pretzel &amp; Cheese * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Carrot Sticks &amp; Apple</p>	<p>26 * Hot 'n Spicy Chicken Sandwich * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Cucumber Wedges &amp; Navel Orange</p>	<p>27 * Sardella's Pepperoni Pizza * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad &amp; Wild Cherry Frozen 100% Juice Cup</p>	<p>28 * Chicken, Cheese &amp; Bean Burrito * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Pinto Beans &amp; Pear</p>	<p>29 * Chicken Tenders * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Jicama &amp; 100% Apple Juice</p>

\* USDA is an equal opportunity provider and employer.  
\* Menus are subject to change based on product availability.  
\* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk